



SOUTH STAFFORDSHIRE SAILING CLUB

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Good News Friday - 4th December



HEADLINES

- Junior Christmas Party THIS Saturday from 3pm
- Only 5 spaces left for Christmas Dinner on 20th
- Barbados GP14 Worlds boat/gear stickers available to buy from Annette
- Second Blithfield Barrel actually this weekend (not last as previously reported!)



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◀ RACE RESULTS ▶



◀ FULL SAILING CALENDAR ▶



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IN ADDITION TO THE FACEBOOK PAGE, WE HAVE A MEMBERS ONLY FACEBOOK GROUP FOR POSTING PICS, CREWS & HELMS NEEDED, ASK QUESTIONS etc.

◀ WEATHER FORECAST ▶



HERE

Duties this weekend -

	Event	OOD	Assistant OOD	Safety Boat Driver	Safety Crew
Sunday	Frostbite Race 12	Ed Bradburn	Graham Bower	Dave Croxford	Kathy Cole-Evans
	Galley Supervisor	Galley Assistant	Galley Assistant	Bar Duty	Bar Duty
Sunday	Jean Nixon	James Nixon	Nadine Perrins	Dave Croxford	Martin Evans
Tuesday	-----	----	-----	Will Croxford	Nat Croxford

Junior Christmas Party - THIS Saturday, 3pm

2015 has been a bumper year for Junior training and the fun hasn't ended yet!

Come along on Saturday 5th December, catch up with friends and enjoy party games, party tea and a special (seasonal) guest.

This is your end of terms party so it would be great to see the Club house packed. It's only £3 per child plus a contribution to the tea.

To book your place please contact **Tim Coleshaw** (07817 154910).

South Staffs Social

Well done to Clare Waymont and Lisa Carpenter for hosting another brilliant social at the Club on Friday with the **Wine Tasting** evening and thanks to helpers Amanda on cheese, Dave on bar and Jane, Annette and Vicky for pouring. The event was sold out and Frank Maltby from Waitrose was as informative as usual and kept the increasingly rowdy wine guzzlers in check.

The list for **Christmas Dinner** went up last weekend, and as of Wednesday there were only 5 spaces free so if you want to go get your name down fast! If you aren't down at the Club and want your name adding get in touch via the publicity email or Club Facebook. It's £12.50 for the meal.

The Tuesday before Christmas will be the **Carol Singing and Mince Pie** night, it's worth coming along if only to see if the band can top last year's rendition of *Fairytale of New York*.

Musicians Needed for Martin's Musical Masterpiece!

The annual South Staffs Carol Singing and Mince Pie night is fast upon us so I hope you are all practicing your vocal exercises in preparation?!

As usual we need as many musicians as possible to help out by with the music. No matter what you play, or what your standard is, you will be welcomed into the fold by band conductor Martin Evans. Ideally you will need to be able to come along to a practice session or two before the main event (20th December) but we understand that these are pretty relaxed affairs and the bar usually gets opened!

So, whether you bang the drums or blow your own trumpet we need you!

All sheet music will be provided and it will be a lot of fun, promise. If you're interested collar Martin at the Club for more info or you can [email](#).

2016 GP14 World Championships - Stickers On Sale

Ladies and Gentlemen, this is Vice-Commodore Fitzpatrick

Welcoming you aboard

Coconut Airways flight 372 to Bridgetown, Barbados ...

Woah, we're going to Barbados

Woah, we're taking our GPs

Woah, we're sailing in Barbados

Woah, in the sunny Caribbean sea



Yes, we are still working on the words and YouTube video but excitement is rising as we pay our entry fees and book our container places. We have a massive number of boats and crew going out to the GP14 World Championships in Barbados and even more family and friends supporting us (or just lying on the beach).

Some time ago I was asked if we could have Club stickers for our boats, luggage, cars etc. representing our Barbados trip. After consultation with some of you they have been designed, printed and have now arrived. We have two sizes (10cm and 15cm diameter), they are waterproof (tried and tested by myself) so they can be put on our boats.

They are available from behind the bar at the club or by contacting me. The 10cm stickers are £1.00 each and the 15cm stickers are £2.00 each. Hope you like them.

Four months and counting ...

Annette Fitzpatrick

Vice Commodore

South Staffs on Tour

It's the second round of the **Blithfield Barrel** is actually this weekend (not last weekend as was in last week's edition!) , good luck to all South Staffs members who will be taking part. Mike Owen was after crew so if you are interested in a bit of trapeze action check out his post in the Facebook Group.

Other local winter events:

- Blithfield Barrel: 6th Dec 2015, 10th Jan, 14th Feb 2016
- Steve Nicholson Trophy (Northampton): 30th Jan 2016
- Tiger Trophy (Rutland): 6th & 7th Feb 2016

Hot off the press....**Gul** have been confirmed as the title sponsors of the **GP14 Inland Championships** at Bala next May, this means there will be some great prizes up for grabs at all ends of the fleet.

Don't forget, if you're taking part in any open events and want to let everyone know how you got on, email us at: publicity@southstaffssailingclub.co.uk

Best of the Web

Which Sailing Personality are you? Sport England have done some research about sporting personality types and have identified 8 different 'types' of sailor, which one do you think you are?! <http://www.sailingtoday.co.uk/news/9431/>

Gill Beddow has featured in the SASSOT newsletter and the [Staffordshire Newsletter](#) this week with the story about her picking up her RYA Volunteering award. This now officially makes Gill famous, please courtesy when you see her and don't be afraid to ask for an autograph!

Capsize of the Week

It all got a bit crazy on Sunday! Although we didn't get the 60mph gusts forecast, just 40mph. Despite the conditions looking a bit rough 11 boats took to the water for the first race with a good showing from the plucky bronze fleet and juniors. Afternoon racing got cancelled due to the winds so that gives you an idea of just how bad it was.

So, to Capsize of the Week....I think just about everyone capsized at some point on Sunday so it was hard to pick a winner. **Nick Brandon** and **Vicky Ford** were worthy contenders again and were attempting to break the world record with around a dozen capsizes. Many ended up drifting perilously towards shore but none of those won it.

The winners are **Mike Senior** and **Chris White** for being the first to capsize! As **Bill Bradburn** described it "they were straight out and straight in!"

And finally....

There are often groups of people at the Club who do other sporting activities together, Graham Jones and crew go bike riding, Mark Fleming and others get beaten at football every week and the ladies badminton group is still going strong.

This week, however, a new exercise class started at the Club. Three members were spotted running their own fitness class in the training room on Wednesday.

There was a giant inflatable ball and the sound of lots grunting whilst the GP14 Championship Committee took place on the other side of the divide.

The boys claimed that they had worked hard but they didn't look that sweaty so they may need a little encouragement for next week. If you too want to see quick results, add muscle and lose weight like the boys you can buy a copy of 'Get fit for Larking' DVD which will be out on shelves this Christmas. For further information please contact **Mike Senior**, **Ed Bradburn** and **Chris White**.

If you ever have anything you want to share with other Club members or the world at large you can post directly [Facebook](#) page, [Group](#), tweet [@SSSCTweet](#) or email: publicity@southstaffssailingclub.co.uk

Autumn & Winter Social Programme

- Sat 5th Dec - Junior Christmas Party - Price £3 plus a buffet item
 - Tue 8th Dec - Tuesday Night Dancing - FREE
 - Sun 20th Dec - Christmas Dinner - Price £12.50
 - Tue 22nd Dec - Carol Singing & Mince Pies - FREE
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Frostbite Series Details

	Total Races in Series	Races to Qualify
AM Race Series	12	6
A Series Race	14	7
B Series Race	14	7

Sunday 4th December

	Race No	Start Time
AM Race Series	10	11:00
A Series Race	12	1:15
B Series Pursuit	12	2:45

For more information click the following:

[Frostbite Series](#)

[Pursuit Race information](#)

[Beginners Guide to Racing](#)

Good News Friday Submission Deadline

If you have anything for inclusion in Good News Friday **please submit it to publicity@southstaffsailingclub.co.uk** (this goes to Neil Hawkins and Michelle Evans) by 9pm the day before (e.g. **for next week, submission deadline is 9pm 7th December** for 11th December's newsletter), we cannot guarantee any items submitted after this will make that week's GNF. There is a publicity schedule so if you have anything you want adding on for promotion in the press, GNF or social media please let us know.